



Tobacco-Free York County
July 10th 2019
Loretta Claiborne Building

MINUTES

CLEARING THE AIR FOR BETTER HEALTH

In attendance:

Shannon Barto – *Family First Health*
Jennifer Folkenroth – *American Lung Association*
Susan Hein – *Community Member*
Bronley Martin – *Rep. Carol Hill Evan's Office*

Pam Miller – *UPMC Pinnacle Memorial Hospital*
Angel Nace – *TRU North Wellness*
Leah Neiderer – *WellSpan Health*
Bob Willis – *York County Drug and Alcohol*

- 1. Member introductions and updates-** Thank you to everyone that was able to join the meeting. Members provided the following updates:
 - **Leah-** WellSpan Health was awarded a grant extension through the end of September. Leah is having a discussion with administrators at Northeastern High School about how to help with vaping prevention and cessation in the coming school year.
 - **Bob-** On September 6 at the old court house the York Recovery Committee will be hosting a York Recovery Month Proclamation and recovery walk. Tables are available at a cost or free with a scholarship for vendors to provide information. On September 22 at 10:00 am York Recovery Day will be held at Peoples Bank Park. All are invited to attend these events.
 - **Bronley-** Representative Carol Hill Evan's is holding a back-to-school drive. Please partner with Bronley to donate schools supplies for people in need.
 - **Pam-**The progress of the new Hospital continues with the projected opening date in August of 2019. The monthly tobacco support group continues at Bell Socialization.
 - **Angel-** TRU North will be participating in Hanover's National Nightout on August 6.
 - **Jen-** Shared about 'The Vape Talk' The ALA's e-cigarette counter marketing campaign targeting parents of middle school and high school aged youth in having a discussion with their kids about e-cigarettes and JUUL products. The American Lung Association will be hosting a breakfast for partnering organizations attending the National Conference on Tobacco or Health (NCTOH). TFYC members are more than welcome to attend the breakfast if attending the conference. Lastly, Jen shared about the Surgeon Generals call and how it highlighted the importance of addressing tobacco use among troops.
- 2. June meeting recap**
 - Revisited the plan to recruit 5 new partnering organizations to TFYC and the plan to reach out to organizations to evaluate current tobacco prevention opportunities being offered. We also began brainstorming for our next major activity.
- 3. Goal 1 Work:** Recruit 5 new partnering organizations to join Tobacco-Free York County.
 - So far we have heard back from the Susan Byrnes Center and Spring Grove High School, both are hoping to become involved in TFYC and attend future meetings.
 - The TFYC invitation will be revised to reflect meeting date for August 2019. Please see attached document for invitation. Note that the invitation needs to be personalized in a few places for the organization you are reaching out to.

4. Goal 2 Work: Research vaping education offered within various community organizations to further promote collaboration in vaping prevention outreach.

- So far the YWCA, YMCA, JCC and the Susan Byrnes center have been contacted. The Susan Byrnes center is the only one that provides vaping information.
- Please continue to think of organizations that potentially provide vaping education and let Leah know or reach out to them yourself with the survey/letter (attached to this email).
- Susan is going to reach out at the next CTC meeting with the schools and distribute the survey to evaluate what kind of vaping prevention education is being offered within the school.

5. Large project discussion – TRU Activity

- We discussed whether we should pursue working with our York County Tobacco Resistance Units (TRU) groups or working to assist and recognize worksites for becoming tobacco-free. It was decided that we would first concentrate efforts on a TRU event so we can have details ready by the start of the school year.
- There are currently 2-3 TRU groups in existence: Kennard-Dale High School, Northeastern High School, and York City Davies school. A need to implement more TRU groups was identified. TRU groups do not have to be restricted to schools but are open to any youth group interested in acting as peer-to-peer advocates for tobacco prevention. Bronley is to provide contact information for Saint Matthews Church and Hope Church.
- Goals of the TRU event are to provide an opportunity for vaping education, collaboration of TRU groups to update vaping information on TFYC website, and potentially do some level of community work (pick up cigarettes).
- Target date for event is Kick Butts Day in March 2020.
- Next Steps:
 - Invite youth in community to form TRU groups
 - Survey existing TRU groups to determine level of interest in holding a county-wide event
 - If interest is perceived, further plan goals and layout of program.

Action Items

- Leah** – revise invitation letter/email for new organizations to join TFYC – COMPLETED – See attached
- Everyone** – use revised invitation to reach out to contacts at local organizations to see if they would be interested in joining TFYC
- Everyone** – brainstorm organizations to survey regarding vaping education being offered
- Bronley** – provide contact information to churches to connect with about starting TRU group
- Leah** – survey existing TRU groups regarding interest in a county-wide group

Next meeting:

August 14th 9:00-10:00 AM
Loretta Claiborne Building
WellSpan Community Health and Wellness Conference Room
605 S George St, Suite 160