



Tobacco-Free York County
April 14th, 2021
Virtual – Zoom Meeting

MINUTES

CLEARING THE AIR FOR BETTER HEALTH

In attendance:

Adam Bennett – *UPMC Hanover Hospital*

David Huber – *American Lung Association*

Yeimi Gagliardi – *WellSpan Health*

Sarah Lehman – *Children’s Home of York*

Lauren Marshall – *Community Care Behavioral Health*

Angel Nace – *TrueNorth Wellness*

Leah Neiderer – *WellSpan Health*

Kim Pritchard – *Affordable Housing Advocates*

Laurie Yourist – *York County Libraries*

Bob Willis – *York County Drug and Alcohol*

- 1. Member introductions and updates-** Thank you to everyone that was able to join the meeting. Members provided the following updates:
 - Leah – The American Lung Association virtual Day At The Capital is occurring on May 4, 2021 from 9:00 am – 2:00 pm. Last day to register is April 20, 2021.
 - On Tuesday, April 27 from 6:30 – 7:30 there will be a community conversation- Youth and Vaping: Addressing an Epidemic. Flyer is attached to meeting minutes if you are interested in attending.
 - Bob – Spoke with a Magistrate in another school district and feels hopeful that we can continue to build INDEPTH program throughout York County.
 - On May 21 there will be a Narcan distribution at Shoehouse.
 - David Huber – New Health Promotions Specialist at the American Lung Association
 - Adam – Attended a PAVE webinar which talked about Vaping- website contains a lot of great resources: <https://www.parentsagainstvaping.org/>
 - Also attended a webinar on how to enact tobacco and nicotine free policies in behavioral health settings: <https://www.bhthechange.org/resources/tobacco-free-policy-optimization-and-enforcement-tobacco-and-behavioral-health-masterclass/>
- 2. March meeting recap**
 - Members brainstormed potential avenues for TFYC to go. Decided to put on hold the worksite policy letter and concentrate on other efforts at this time.
- 3. Yeimi Gagliardi – Running a virtual cessation program-** Yeimi recently ran a virtual tobacco cessation (Freedom From Smoking) program and shared her experience doing so.
 - **Pros** – There was more diversity in the participants. The virtual platform helped mitigate barriers of transportation. Group format allowed participants to support each other through journey.
 - **Cons** – More behind the scenes work with mailing paperwork and NRT
 - Next virtual FFS class is scheduled to start May 4 over the lunch hour from 12:00 – 1:00. Flyer attached but feel free to contact Leah or Yeimi with questions or for more information.
- 4. Tobacco cessation in Behavioral Health settings-** Lauren and Bob are investigating this new statewide initiative but after initial information gathering, it looks like it would be best to hold on this project until more information becomes available.

5. Vaping in the schools- brainstormed ways we can integrate services back into the school districts

- Adam presented the idea that TFYC can do a better job at connecting with schools to offer a multi-prong approach to vaping in the schools. To better understand the vaping epidemic facing schools, Angel is going to reach out to SAP counselors and get a pulse on what is happening in schools and what resources they might feel to be beneficial.
- Bob is going to set up meeting with INDEPTH workgroup, Judge Sweeney and Jill Platts to see if we can move forward on the program that was being developed before the COVID pandemic paused things.

Action Items

- Bob and Lauren – Continue to monitor statewide initiative to integrate tobacco cessation services into behavioral health systems
- Angel – Reach out to SAP counselors and provide update at next TFYC meeting
- Bob – Connect with Judge Sweeney and Jill Platts to set-up a meeting for INDEPTH program

Next meeting: Zoom Meeting

May 12th, 2021
9:00 – 10:00 am

Please keep an eye open for zoom invitation coming soon.

Other information: Adam forwarded this Webinar information. It would be beneficial for a couple of TFYC members to participate-

Please Join the American Lung Association for an upcoming webcast! Info below:

Title: *Public Health Roadmap: Promoting Tobacco Use Dependency Treatment in Behavioral Health Settings*

Date: Thursday, June 10th, 2021

Time: 1 pm – 2 pm ET

Registration Link: https://globalmeet.webcasts.com/starthere.jsp?ei=1453020&tp_key=0d96a913c2

Summary:

Despite the overall declines in tobacco product use, some populations still smoke at higher rates. This includes people with behavioral health issues such as mental illness and substance use disorders. People with behavioral health issues are interested in quitting, can quit, and benefit from quitting. Tobacco use dependency treatment more than doubles the likelihood of successful treatment for other substance abuse disorders, which is associated with positive mental health outcomes and can increase a person's sense of mastery, helping them focus on taking additional steps toward a more positive and healthy life. While there is a strong evidence base for safety, efficacy and outcomes, behavioral health settings have been slow to prioritize the implementation of comprehensive tobacco use dependency treatment. This is why it is more important than ever for public health professionals to

be equipped with resources, strategies and tools to address the unique and challenging barriers to making tobacco dependence treatment part of behavioral health treatment.

Please Join the American Lung Association for an interactive webcast, ideal for public health professionals of any level. Attendees can expect to:

- Increase confidence to engage and partner with systems and care teams **in behavioral health settings** that are interested in improving how they promote and integrate evidence-based tobacco use dependency treatment services.
- Learn more about the best practices and lessons learned during the 2021 Health Systems Change Cohort group, hosted and facilitated by the American Lung Association.
- Learn about new resources and tools for public health professionals, to coach community partners in behavioral health systems change.

Presenters:

- American Lung Association's Cessation Technical Assistance Team
- Chad Morris, PhD, Professor of Psychiatry at the University of Colorado Anschutz Medical Campus, Director of the Behavioral Health & Wellness Program and Co-Director of the Interdisciplinary Wellness Leadership Institute

For More Info:

Please email CessationTA@Lung.org

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