



Tobacco-Free York County
September 8th, 2021
Virtual – Zoom Meeting

MINUTES

CLEARING THE AIR FOR BETTER HEALTH

In attendance:

David Huber – *American Lung Association*

Lauren Marshall – *Community Care Behavioral Health*

Pam Miller – *UPMC Central PA*

Angel Nace – *TrueNorth Wellness*

Leah Neiderer – *WellSpan Health*

Laurie Yourist – *York County Libraries*

1. Member introductions and updates- Thank you to everyone that was able to join the meeting. Members provided the following updates

- Pam- UPMC Central PA participated in a health fair at Phineas Davis school. Now meeting with the security guard re: vaping in the schools. Also hosting virtual cessation class starting October 6 at 5:00 pm
- Angel- UTZ 100th year birthday bash occurred on Friday, September 17th
- Lauren- Telehealth is here to stay – can't do phone visits but can do video visits
- David- Sept 22 from 11-1 Smoke and Tobacco-Free Campus forum

2. August meeting recap

- Started brainstorming potential future projects for TFYC

3. Presentation topic brainstorming

- Mental health disorders and increased risk of smoking illness/ tobacco use/vaping
- Relationship between ACE's and tobacco use
- LGBTQ population and tobacco use
- Dangers of Vaping – What it does to the body (requested by schools)
- *****Everyone please email Leah two potential topic areas before next meeting*****

4. Other Updates

- INDEPTH with SAP Counselors
 - Three SAP counselors have been trained in INDEPTH at a few different school locations
 - None of the SAP counselors have heard of TRU – potential for new outreach?
- LGBTQ Outreach – Lauren going to investigate what resources are available for LGBTQ community or educational events for support groups. David stated that Rainbow Rose center has a good set of resources already developed.

Action Items

- Pam and Adam – begin to write content for next newsletter to be released in October
- Leah –
 - Reach out to WellSpan re: Constant Contact membership
 - Reach out to ALA re: potential contacts in York County and what potential contacts they have for presenters

- All – come prepared with 2-3 topic ideas for winter educational event

Next meeting: Zoom Meeting

October 13th, 2021

9:00 – 10:00 am

Please keep an eye open for zoom invitation coming soon.