



Tobacco-Free York County
August 14th 2019
Loretta Claiborne Building

MINUTES

CLEARING THE AIR FOR BETTER HEALTH

In attendance:

**Denotes new member*

*Anne Bahn – *The Byrnes Health Education Center*
Shannon Barto – *Family First Health*
Adam Bennett – *UPMC Pinnacle Hanover Hospital*
Susan Hein – *Community Member*
Sarah Lehman – *Children’s Home of York*
Bronley Martin – *Rep. Carol Hill Evan’s Office*

Pam Miller – *UPMC Pinnacle Memorial Hospital*
Angel Nace – *TrueNorth Wellness*
Leah Neiderer – *WellSpan Health*
*Mindy O’Brien – *Spring Grove Middle School*
Laurie Yourist – *York County Library*
Bob Willis – *York County Drug and Alcohol*

- 1. Member introductions and updates-** Thank you to everyone that was able to join the meeting. We welcomed Anne Bahn and Mindy O’Brien as new members. Members provided the following updates:
 - **Pam-** The move to the new UPMC Memorial Hospital in West Manchester took place Sunday August 18th at 6 am. Tobacco cessation will be located in Ambulatory Care.
 - **Angel-** Open House, Utz Summer bash and Hanover Night-Out are some of the events that TrueNorth wellness participated in the summer.
 - **Adam-** UPMC Pinnacle Hanover Hospital is seeing an increase in 1:1 counseling and community referrals with a decreasing interest in group cessation participation.
 - **Susan-** Volunteering with the York Veterans Wellness Court; male and female Veterans for mentors are needed. Email Susan if you know someone interested.
 - **Anne-** In addition to providing health education in York County, The Byrnes health Education center also provides Health Education across the State of Pennsylvania.
 - **Bronley-** Diaper and Baby supply drive, District Senior fair, and Fall Shredding event are coming up for the Representative Carol Hill Evan’s office.
 - **Bob-** Same update- On September 6 at the old court house the York Recovery Committee will be hosting a York Recovery Month Proclamation and recovery walk. Tables are available at a cost or free with a scholarship for vendors to provide information. On September 22 at 10:00 am York Recovery Day will be held at Peoples Bank Park. All are invited to attend these events.

- 2. June meeting recap**
 - We talked about our goals, including recruiting new partnering organizations and researching vaping education offered in various community organizations. We also decided that we would focus on implementing more TRU groups as our large project.

- 3. INDEPTH Updates**
 - Leah provided a description of the INDEPTH (Intervention for Nicotine Dependence: Education, Prevention, Tobacco and Health) program from the ALA.
 - The INDEPTH program will be available in September 2019. Facilitators will need to complete a free online training for the program. Upon completion of the training, materials will be available for download.

4. Goal work: Begin brainstorming County wide- TRU (Tobacco Resistance Unit) event

- **Create a plan and potential packet to recruit new TRU groups**
 - It was determined that school counselors and social workers would be a good place to start with follow up with the vaping tool kit and expanding the TRU groups. Bob, Mindy and Leah are to write a follow-up letter to distribute to all school districts within York County. The letter will serve a few purposes: to evaluate the need for further vaping information, to determine if the vaping toolkit was received, and to provide information on what TRU groups are and how to form them.
 - Letter will include a few dates and times for a conference call or a video conference to provide an outlet for schools to gather more information on what TRU entails.
 - Leah will reach out to current TRU groups to see if they would be interested in creating a short recruitment video to share with other youth.
- **Start developing details for county-wide TRU event**
 - Leah to update survey to distribute to current TRU groups and gather interest levels on what they would like to see happen at this event.
 - Potential to have a competition where TRU groups develop some type of poster against tobacco use. Winners would be announced at the TRU event and could possibly have their poster featured on a billboard or bus panel.
 - Details of what the TRU event would look like are still being determined. Idea suggested to have youth get together and create a new informational video regarding vaping to be featured on the TFYC website.

Action Items

- Everyone** – use revised invitation to reach out to contacts at local organizations to see if they would be interested in joining TFYC
- Leah** – survey existing TRU groups regarding interest in a county-wide group and ask if they would be interested in creating a TRU recruitment video.
- Leah, Bob and Mindy** – Draft a letter to be sent to schools evaluating receipt of vaping toolkit and proposing times for a TRU informational conference call.
- Susan** – prepare information for September meeting around mental health group idea

Next meeting:

September 11th 9:00-10:00 AM
Loretta Claiborne Building
WellSpan Community Health and Wellness Conference Room
605 S George St, Suite 160