



Tobacco-Free York County
February 13th 2019
Loretta Claiborne Building

MINUTES

CLEARING THE AIR FOR BETTER HEALTH

In attendance:

Shannon Barto – *Family First Health*
Adam Bennett – *UPMC Pinnacle Hanover Hospital*
Marcia Bernd – *Bell Socialization*
Eve Gardner – *WellSpan Health*
Pam Miller – *UPMC Pinnacle Memorial Hospital*

Angel Nace – *Tru North Wellness*
Leah Neiderer – *WellSpan Health*
Brittany Shutz – *Comm. Care Behavioral Health Org*
Bob Willis – *York County Drug and Alcohol*
Laurie Yourist – *York County Library*

- 1. Member introductions and updates-** Thank you to everyone that was able to join the meeting. Members provided the following updates:
 - **Leah** – The ALA created a Tobacco 21 educational trifold to share with Legislators.
 - **Pam** – The progress of the new Hospital continues with the projected opening date in August of 2019.
 - **Marcia Bernd** – The Tobacco cessation support group “Table talks “continues at Bell Socialization on the second Tuesday of each month.
 - **Angel** – 14 groups are currently running through York and Adams County
 - **Shannon** – The resources for Patients at Family first are helpful, and will be getting “Quit Kits” to take back to Family First.
 - **Adam** – Continues to have many Discussions about Vaping- on the Radio, and with clients. He is also doing Legislative visits.
- 2. January meeting recap**
 - The January meeting focused on reviewing of the power point presentation.
- 3. Vaping/electronic cigarette project update**
 - Vaping power point revision is complete.
 - Currently one school has reached out for assistance in doing an assembly with vaping information. Leah reached out to follow-up with the possibility of doing smaller educational sessions vs. the assembly. She has not heard back yet.
 - A suggestion was made by Bob Willis for TFYC to attend a School District meeting for the student assistance program to help increase awareness of the Vaping Toolkit. The meeting is scheduled for April 11th at 8:00 am at LIU #12 in New Oxford.
- 4. Kick Butts Day Planning – March 20, 2019**
 - In keeping with the Tobacco 21 theme, it was decided that TFYC members would participate in the “21 reasons why” activity. This activity consists of members writing down an important reason why to raise the minimum age to 21 to purchase Tobacco products. This reason could be a personal story, statistic or other reason that it is important (to you.) Other people may also be recruited to do this so we have 21 people. Coworkers, support group members and other members of the community may participate.

- Please bring all reasons, written on a piece of paper large enough to read from a distance, to the next meeting in March. We will compile these reasons, possibly in a picture, to be posted on the TFYC website.

5. Brainstorming Activities for 2019

- Many prospective activities were discussed including reaching out to Mental Health Groups- including starting a CHOICES program (consumers helping others improve their condition by ending smoking)
- Need to translate TFYC information into Spanish
- Compile list of organizations within York County to send updated resources on tobacco cessation efforts
- New Membership sign-up sheet at all events. Have an “open house” to welcome new members and provide the opportunity to talk with the community about our mission.

6. Newsletter Revisions

- It is time for the newsletter to be updated. It is going to be a shared responsibility for the entire coalition. As members find information that is “story worthy” please type something up and send to Leah to put in the new newsletter. For the next newsletter, please send stories to Leah by the end of next week, March 1, 2019.

7. Two- year celebration

- TFYC members celebrated with Chocolate cake (see below for a picture) and discussed activities and events that were done in the past year. The educational event with Dr. Leone was mentioned as a major accomplishment, along with the York County Vaping toolkit

Action Items

- Everyone-** write a reason for supporting Tobacco 21 on a sheet of paper and bring it to the March 13 meeting
- Everyone -** send Leah newsletter topics/articles by March 1, 2019



Next meeting:

March 13th 9:00-10:00 AM
Loretta Claiborne Building
WellSpan Community Health and Wellness Conference Room
605 S George St, Suite 160