



Tobacco-Free York County
May 12th, 2021
Virtual – Zoom Meeting

MINUTES

CLEARING THE AIR FOR BETTER HEALTH

In attendance:

David Huber – *American Lung Association*

Lauren Marshall – *Community Care Behavioral Health*

Bronley Martin – *Rep. Carol Hill-Evans Office*

Pam Miller – *UPMC Memorial Hospital*

Angel Nace – *TrueNorth Wellness*

Leah Neiderer – *WellSpan Health*

Kim Pritchard – *Affordable Housing Advocates*

Laurie Yourist – *York County Libraries*

Bob Willis – *York County Drug and Alcohol*

- 1. Member introductions and updates-** Thank you to everyone that was able to join the meeting. Members provided the following updates
 - Leah – WellSpan is hosting a Better Breathers Club (support club for individuals with chronic lung disease) virtually the second Tuesday of every month from 6:00 – 7:00 pm. Send Leah an email if you know someone that may be interested.
 - WellSpan continues to offer virtual Freedom From Smoking (group cessation program) classes free of charge. Next one should start in June or July 2021.
 - Bob – There will be a Narcan distribution on May 21st from 2-5pm at the Shoehouse.
 - On May 25th at York City Bureau of Health from 10 – 2 pm there will be another free Narcan distribution. The goal is to repeat this offering frequently.
 - Pam – UPMC offers a virtual support group which meets twice a month virtually
 - Angel – TrueNorth Wellness is recently back in West York Middle School and have had schools contact for programming for next year.
 - Bronley – Representative Carol Hill-Evan’s office hosted a community clean-up and a shredding event- both of which went very well.
 - Lauren – provided updates on the Tobacco Free Behavioral Health initiative.
 - David- Better For Vaccine Toolkit series recently released. Toolkit series is designed to reduce morbidity and mortality for communities disproportionately affected by COVID 19. (<https://www.lung.org/lung-health-diseases/lung-disease-lookup/covid-19/action-initiative/vaccine-toolkit>)
 - FDA proposed to ban menthol cigarettes and products. TFYC Members are encouraged to sign in support to make this into law:
<https://action.lung.org/site/Advocacy?cmd=display&page=UserAction&id=8318>
- 2. April meeting recap**
 - Discussed the advantages and disadvantages of running virtual group cessation programs. Members also brainstormed next projects and it was decided to focus on vaping among youth.
- 3. Lauren – Presented potential collaboration with Rainbow Rose Center**
 - Rainbow Rose Center President, Tesla, suggested targeting Gay-Straight-Alliance’s (GSA’s) in schools to have them be peer-to-peer trainers for tobacco prevention. This population is unproportionally affected by tobacco use. Lauren is going to reach out to Tesla to see if he would be interested in

presenting data/findings at next TFYC meeting and the availability of GSA's in York County. This is potential for TRU groups – peer to peer training in tobacco prevention.

4. Angel – Presented SAP findings of vaping needs

- SAP individuals responded from ten different schools and the overwhelming need seems to be education about vaping in the schools- educational materials and access to guest speakers. Please see attached document of findings for further information.

5. Vaping education in the schools

- Based on the findings from the SAP survey, an initial step was decided to make educational toolkits to be distributed to the ten schools that replied to the survey. The toolkits will include educational materials along with a letter highlighting available community resources and education. The following tasks were delegated out to coalition members.
 - Pam – Investigate how to get more “My Life My Quit” posters
 - David – Identify TRU and ALA resources as well as 3-4 online resources that can be referenced in a letter
 - Bob, Angel, Sarah and Leah – Create a wish list from online educational resources. Budget is to come from WellSpan’s grant from The American Lung Association.
- Next month as a team draft a letter to the school districts as well as a survey to determine what kind of additional support would be beneficial.

Action Items

- Bob – Connect with Judge Sweeney and Jill Platts to set-up a meeting for INDEPTH program
- Lauren – Connect with Tesla at Rainbow Rose Center
- Team members – see meeting minutes above for tasks related to vaping education

Next meeting: Zoom Meeting

June 9th, 2021
9:00 – 10:00 am

Please keep an eye open for zoom invitation coming soon.