



**Tobacco-Free York County**  
**October 14<sup>th</sup> 2020**  
**Virtual – Zoom Meeting**

**MINUTES**

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**CLEARING THE AIR FOR BETTER HEALTH**

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**In attendance:**

Sarah Lehman – *Children’s home of York*

Lauren Marshall – *Community Care Behavioral Health*

Pam Miller – *UPMC Memorial Hospital*

Leah Neiderer – *WellSpan Health*

Kim Pritchard – *York Area Housing Group*

Erica Saylor – *American Lung Association*

Bob Willis – *York County Drug and Alcohol*

Laurie Yourist – *York County Library*

- 1. Member introductions and updates-** Thank you to everyone that was able to join the meeting. It was refreshing to be able to connect once again. Members provided the following updates:
  - Laurie- Working in the Library one day a week on Wednesdays
  - Erica- The American Lung Association is hosting a town hall series. There is also a Virtual Vaping Summit. See below for more information:
    - Date: November 4-5, 2020
    - Time: 1 – 4pm on Nov. 4<sup>th</sup>, 9am – 12:30pm on Nov. 5<sup>th</sup>
    - Register here: <https://pactonline.org/2020-vaping-summit/>
    - Register by Monday, October 28<sup>th</sup>
  - Lauren- There will be a virtual member advisory meeting November 5, 2020. RSVP for that event closes Oct 21. Lauren is also organization community connections networking meetings where the goal is to bring in speakers that are community supports. Potential for TFYC to speak. Held the first Friday every month for York county from 3-4 pm.
  - Bob – Vaping Diversionary program and Vaping/Marijuana school presentation still on hold. Have seen an increase in overdoses and overdose deaths. In response, busy planning Narcan events:
    - Oct 23 at TrueNorth wellness outpatient
    - Oct 24 Littlestown, Biglerville and Gettysburg.
    - Oct 30 at Raise project in York on Richland Ave
  - Pam- seeing an uptick in cessation referrals. Continuing virtually:
    - Facebook support group meets the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday
    - Has a teams support group as well
    - October 22<sup>nd</sup> – virtual tobacco cessation group class starting
  - Sarah Lehman – Seeing that some schools are taking up on option for virtual classes. Offering 3 Parent/Guardian programs in York County school districts on *Too Good For Drugs*.
  - Kim- New directors at York Housing Group. York Area Housing Group will be celebrating its 50<sup>th</sup> anniversary in 2021 so stay tuned for more events related to that. With the pandemic, Kim is seeing difficulties in communication in population York Area Housing Group serves – lack of technology as a biggest hurdle. There has also been an increase in smoking.
- 2. March - September meetings recap-** During the past few months, projects have been put on hold to allow organizations to concentrate on the COVID response. TFYC met sporadically to have quick check-in calls with members.

### 3. Further Plan details for future project- Worksites

- **Website** – Everyone is to visit the website [tobaccofreeyork.com](http://tobaccofreeyork.com) and come up with 1-2 things they would like to see updated/changed. The goal is to update the website with current topics and relevant materials to what we are working on now. Some suggestions were made already:
  - Update current cessation classes to reflect virtual offerings
  - Emphasis on what to do when at home/ how to be successful at home with quit attempts
- **Worksites:** Prior to COVID, a draft letter was created to send to worksites throughout York County. The letter was to provide an introduction for the purpose of the informational packet. It was decided that this letter should be revisited and updated to reflect changes with COVID. Sarah and Pam will take lead on this.

#### Action Items

- Everyone – review website and come prepared with 1-2 key things that can be updated/changed
- Sarah/ Pam – Revise worksite letter (attached to this email)

#### Next meeting: Zoom Meeting

November 11, 2020  
9:00 – 10:00 am

Please keep an eye open for zoom invitation coming soon