



Tobacco-Free York County
December 8th, 2021
Virtual – Zoom Meeting

MINUTES

CLEARING THE AIR FOR BETTER HEALTH

In attendance:

Lorna Deibert- *UPMC Memorial Hospital*

Audrey Gladfelter- *York/Adams Drug & Alcohol Commission*

Sarah Lehman- *Children's home of York*

Bronely Martin- *95th Legislative District, Carol Hill Evans*

Pam Miller- *UPMC Memorial Hospital*

Leah Neiderer- *WellSpan Health*

Tamara Raymer- *American Heart Association*

Laurie Yourist- *York County Libraries*

- 1. Member introductions and updates-** Thank you to everyone that was able to join the meeting. Members provided the following updates:
 - **Pam Miller** – Virtual Tobacco Cessation class series completed November 10th. Continuing virtual nicotine support group. Increasing tobacco-free signage on walking trail around UPMC Memorial.
 - **Sarah Lehman** – Youth programs continuing, including “Too good for drugs” and “Youth circle”
 - **Lorna Deibert** – Providing resources for moms, in person classes, Cessation referrals
 - **Audrey Gladfelter** – Potential Midyear funding to expand services to vaping and THC education.
 - **Bronely Martin** – Open house in January 2022
 - **Laurie Yourist** – Library in the middle of construction
 - **Tamara Ramer** – From the American Heart Association- Working with Lebanon county to implement INDEPTH and NOT in school districts.
- 2. October meeting recap**
 - TFYC members continued to narrow down topic for virtual conference in March/April 2022
- 3. Planning for Virtual conference**
 - **Topic-** TFYC members continued to narrow the virtual conference topic, focusing on Youth and Vaping. “How to talk to Youth about vaping and the health effects”
 - Suggested speaker was mentioned, Mat Null, with presenter being finalized in December.
 - Back up presenter also discussed- someone from the ALA.
 - 45-minute presentation and 15-minute answer period via zoom.
 - **Target audience-** The target audience will be Educators, Parents and Guidance counselors- possible health professionals. Sarah has a compiled list on contacts for guidance counselors and social workers in York County.
 - **Promotional opportunities-** Mass emails, flyers and newsletter were discussed, and list of school districts will be accessed. Pam to reach out to Lisa Duffy to see if she can assist in making a flyer to advertise the event.
 - **Continuing education Units-** Certificate of completion will be offered in place of CEU’s to target a wider audience.
 - **Timeline** –
 - Mid – December: Identify guest speaker
 - Mid – January: Identify minimum of three objectives for presentation
 - February: Start advertising

- March: Conduct presentation around 5:00 pm on an evening that works with the presenter (except Wednesday evening).

Action Items

- Leah- reach out to the ALA for additional resources
- Sarah- reach out to Matthew Null as a possible presenter
- Pam- Contact Marketing to assist with promotion of Virtual conference

Have a safe and wonderful holiday and see you in January 2022!



Next meeting: Zoom Meeting

January 12th, 2022

9:00- 10:00 am