



**Tobacco-Free York County**  
**March 13<sup>th</sup> 2019**  
**Loretta Claiborne Building**

**MINUTES**

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**CLEARING THE AIR FOR BETTER HEALTH**

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**In attendance:**

Shannon Barto – *Family First Health*  
Marcia Bernd – *Bell Socialization*  
Kevin Eck – *Rep. Stan Saylor’s Office*  
Eve Gardner – *WellSpan Health*  
Susan Hein – *NAMI*

Sarah Lehman – *Children’s Home of York*  
Bronley Martin – *Rep. Carol Hill-Evan’s Office*  
Leah Neiderer – *WellSpan Health*  
Brittany Shutz – *Comm. Care Behavioral Health Org*  
Bob Willis – *York County Drug and Alcohol*

**1. Member introductions and updates-** Thank you to everyone that was able to join the meeting. Members provided the following updates:

- **Leah**
  - Marie Drawbaugh, Tobacco Cessation Counselor, retired from WellSpan last Thursday.
  - The American Lung Association has created an Electronic Cigarette Toolkit- see email attachment for a copy.
  - Lastly, the American Lung Association “Day at the Capitol” is scheduled for May 7, 2019- visit [truinpa.org](http://truinpa.org) to register.
- **Marcia** – Pam Miller is working with Bell Socialization to deliver a vaping presentation
- **Susan** – Last day with NAMI is March 29. TFYC invited her to still attend meetings as a community member.
- **Bob**
  - 11<sup>th</sup> annual walk on Saturday, April 13<sup>th</sup> from 10a-12p at Penn Park. Ask Bob for more information.
  - Prevention Needs Assessments in York County identified a high rate of vaping in the schools
- **Brittany**
  - Community Cares is developing a tobacco toolkit to serve as a resource guide for the community on where to get help for tobacco cessation.
  - Brittany’s last meeting with TFCY as she is transiting to a new job.
- **Bronley**
  - Representative Carol Hill-Evan’s office is hosting a shredding event on April 20 from 10 – 1. Please bring a canned good.
  - A resolution for Kick Butts Day has also been sponsored by the Representative.
- **Shannon** – “Too Good For Drugs” program is being continued to be offered in schools
- **Eve** – At a future meeting would like to discuss medication assistance for tobacco cessation medications.
- **Kevin** – “Where to Call for Help” book has been finalized. Let Kevin know if your organization would like some copies.

**2. February meeting recap**

- The vaping PowerPoint was completed by Adam and brainstorming began for Kick Butts Day.

### 3. Kick Butts Day Planning – March 20, 2019

- In keeping with the Tobacco 21 theme, it was decided that TFYC members would participate in the “21 reasons why” activity. This activity consists of members writing down an important reason why to raise the minimum age to 21 to purchase Tobacco products. This reason could be a personal story, statistic or other reason that it is important (to you.) Other people may also be recruited to do this so we have 21 people. Coworkers, support group members and other members of the community may participate.
- Tobacco 21 reasons are going to be posted on our website. It was decided that we want to put a more personal York County touch to the project so we are making it a picture project.
  - Leah to request Tobacco 21 signs (#uptheage, Support Tobacco 21, etc.) from The American Lung Association and pick up at SCTFC meeting on March 14, 2019. Signs will be available for pick-up at Leah’s office Friday, March 15.
  - TFYC members are going to take pictures with the signs at landmarks throughout York County. TFYC members should take at least one picture with themselves and then a few others pictures with just York County landmarks.
  - All pictures should be emailed to Leah by Monday, March 18. If you are not participating in the picture project but would still support Tobacco 21, please submit your reason of support to Leah by this time as well.
  - Leah will upload pictures to the TFYC website. Those that submitted a picture of themselves will have their reasons for supporting Tobacco 21 directly under the picture. The landmark pictures will be used for the reasons of support from those who do not wish to have their picture taken. The idea is that we can share why we support Tobacco 21 AND give a feel for York County.

4. **2019 Goal Discussion** – please being to brainstorm specific goals you would like to see TFCY achieve during 2019. We have typically operated on a project-by-project basis but to help shape a future direction, next meeting will be spent ironing out specific goals for the next year or two.

### 5. Newsletter and Website Revisions

- It is time for the newsletter to be updated. It is going to be a shared responsibility for the entire coalition. As members find information that is “story worthy” please type something up and send to Leah to put in the new newsletter. **For the next newsletter, please send stories to Leah by the end of next week, March 22, 2019.**
- There are a few updates coming to the website. First, we have been receiving a few requests for support from York County, South Carolina. The website will be updated to reflect York County, PA. Also, the vaping information will be updated to include the toolkit and presentation. If there is anything you would like to see added to the website, please let Leah know. We really want to push the website this year to show the need to keep the domain. Visit us at:  
<http://www.tobaccofreeyork.com>

### Action Items

- Everyone** – see above for Tobacco 21 picture project
- Everyone** – begin brainstorming specific goals for TFYC for the next year or two
- Everyone** – send Leah newsletter topics/articles by March 22, 2019

### Next meeting:

April 10<sup>th</sup> 9:00-10:00 AM  
Loretta Claiborne Building  
WellSpan Community Health and Wellness Conference Room  
605 S George St, Suite 160