



**Tobacco-Free York County
October 9th 2019
Loretta Claiborne Building**

MINUTES

CLEARING THE AIR FOR BETTER HEALTH

In attendance:

Adam Bennett – *UPMC Pinnacle Hanover Hospital*
Shannon Barto – *Family First Health*
Caitlyn Cluck – *American Lung Association*
Susan Hein – *Community Member*
Sarah Lawver – *American Lung Association*

Bronley Martin – *Rep. Carol Hill Evan's Office*
Pam Miller – *UPMC Pinnacle Memorial Hospital*
Angel Nace – *True North Wellness*
Mindy Obrien – *Spring Grove Middle School*
Laurie Yourist – *York County Library*

- 1. Member introductions and updates-** Thank you to everyone that was able to join the meeting. Members provided the following updates:
 - **Pam-** the New UPMC Pinnacle Memorial Hospital and Out Patient center is providing services for our community. Vaping Toolkit update- There have been discussions and several meetings to plan an INDEPTH Vaping pilot program to Dallastown and Southern York High schools. This was a direct result from our presentation to the Student Assistance program in April.
 - **Laurie-** the York County Libraries buildings are now a Tobacco free environment. This includes Martin Library and other Library locations.
 - **Susan-** the Annual Mental Health Awareness walk starts at 10 am on October 12th.
 - **Sarah** – Strong advocacy efforts continue for Tobacco 21 and it is continuing to gain momentum. The appropriate bill is Senate bill 473.
 - **Bronley-** Shredding event on the 19th at the West York Fire Hall.
 - **Adam-** It is Health Fair season. Currently providing resources and information to the York and Adams County community regarding the recent Vaping news.
 - **Shannon-** Family First Health is hosting block party at the Asbury United Methodist Church in York.
 - **Caitlyn** – upcoming FFS facilitator training October 23rd in Camp Hill.
 - **Mindy--** Working to connect with TFYC (Sarah L) to work with 7th and 8th graders.
 - **Angel-** Working with York College and Southwest HS, currently has 9 groups in place.
- 2. September meeting recap**
 - Reviewed the true recruitment letter that was sent to all school guidance counselors in York County, continuing brainstorming for TRU event, website updates, (tobaccofreeyork.com) and Bi-annual newsletter update.
- 3. TRU Letter/Event updates**

The TRU recruitment letter was reviewed that was emailed to all guidance counselors, superintendents, principals and nurses in York County.

 - Interest in new TRU groups were discussed, encouraging interested groups to attend TRU event in November. ALA also provided information about TRU recruitment.
 - The subcommittee is continuing to plan, and the TRU Event will Take place on Friday November 15th from 930am-130pm at Northeastern Administration building with a cap of 60 students. Currently, students from Spring Grove, Kennard-Dale and Northeastern High Schools will be attending. The

save the Date flyer, agenda and registration form are on the website. The agenda, timeline and speakers were also reviewed, and sharing the save the date flyer to York City schools was discussed.

4. Bi-annual Newsletter update

- Thank you for the articles that have been sent, keep them coming. Please see the attached newsletter that has a focus on the latest news and stats about ENDS and Vaping.

Action Items

- Everyone- Please let the TRU event Sub Committee know if you can help on the Day of the TRU event scheduled for November 15th from 9:30am-1:30pm, with Check-in and registration starting at 8:45 am.
- Everyone- Continue to send Relevant articles for the Newsletter.

Next meeting:

November 13th 9:00-10:00
Loretta Claiborne Building
WellSpan Community Health and Wellness Conference Room
605 S George St, Suite 160