



Tobacco-Free York County
August 11th, 2021
Virtual – Zoom Meeting

MINUTES

CLEARING THE AIR FOR BETTER HEALTH

In attendance:

Adam Bennett – *UPMC Hanover*
Lorna Diebert – *UPMC Central PA*
Pam Miller – *UPMC Central PA*

Angel Nace – *TrueNorth Wellness*
Leah Neiderer – *WellSpan Health*
Laurie Yourist – *York County Libraries*

- 1. Member introductions and updates-** Thank you to everyone that was able to join the meeting. Members provided the following updates
 - Leah – American Lung Association awarded WellSpan tobacco control funding grant. Allows services for tobacco prevention and cessation to continue through June 2022.
 - Pam – Started to get out in Community Events. Attending back to school event for Phineas Davis High School on August 26 from 5-7. Taking vaping educational information. Virtual groups (Facebook support group) still occurring.
 - Angel – Utz celebrating 100 years anniversary September 17th from 12 – 7. Schools still contacting TrueNorth about getting back into schools.
 - Lorna- Happy National Breastfeeding month! Lorna has been asking every mom that is breastfeeding if she smokes and has interest in quitting smoking and sending referral directly to Pam.
 - Adam – Opportunities are arising for public education, especially in Adams County.
- 2. July meeting recap**
 - Edited the letter to be sent to the schools with vaping outreach materials.
- 3. Project updates**
 - Angel - Educational material updates – SAP meeting scheduled for Monday 16th. Materials will be distributed during that meeting so the schools get them in time for school to start. Angel found some of the materials very helpful and there is potential to connect more resources with TrueNorth Wellness in the future.
 - Pam - Newsletter updates – last newsletter was distributed in June 2020 with COVID and tobacco use information. Potential to update newsletter to reflect current projects and send as recruitment for new organizations.
 - Is it possible to send newsletter via a program that provides feedback about readership (i.e. constant contact)? – Leah to investigate if WellSpan has Constant Contact membership
 - Can ALA offer resources to help target organizations in York County such as a listserv of York County organizations? - Leah to contact ALA
 - Next newsletter:
 1. Adam and Pam – write content – send out by October 1
 2. Laurie – offer to research new articles
 - INDEPTH – Angel going to reach out to Bob to get an update on the INDEPTH initiatives we had begun prior to COVID.
 - Which SAP counselors are providing INDEPTH in the schools? Possibly Southeastern and Dallastown? – Angel is going to investigate who has conducted groups and who is trained.

- Is it possible to have TRU groups in schools where INDEPTH is held? Angel is going to work with SAP counselors to reach out about interested in TRU groups.
- Rainbow Rose Center – Lauren will update at next meeting

4. Next project brainstorming

- Possible educational outreach/event in the winter months.
- Please, everyone, brainstorm topics or presenter.
 - “Interview” co-workers and community members to see what they have an interest in learning
 - Leah to reach out to ALA to see what connections to presenters they may have
 - Everyone to come prepared with 2-3 topic ideas at next meeting

Action Items

- Angel –
 - Coordinate distribute of vaping materials to SAP counselors
 - Reach out to SAP counselors to determine involvement with INDEPTH program and TRU.
 - Connect with Bob to get an update about INDEPTH program with Judge Sweeney.
- Pam and Adam – begin to write content for next newsletter to be released in October
- Leah –
 - Reach out to WellSpan re: Constant Contact membership
 - Reach out to ALA re: potential contacts in York County and what potential contacts they have for presenters
- All – come prepared with 2-3 topic ideas for winter educational event

Next meeting: Zoom Meeting

September 8th, 2021

9:00 – 10:00 am

Please keep an eye open for zoom invitation coming soon.