



**Tobacco-Free York County**  
**September 11<sup>th</sup> 2019**  
**Loretta Claiborne Building**

**MINUTES**

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**CLEARING THE AIR FOR BETTER HEALTH**

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**In attendance:**

*\*Denotes new member*

Adam Bennett – UPMC Pinnacle Hanover Hospital  
Kevin Eck – Rep. Stan Saylor's Office  
Jennifer Folkenroth – American Lung Association  
Susan Hein – Community Member  
Sarah Lawver – American Lung Association

Sarah Lehman – Children's Home of York  
Bronley Martin – Rep. Carol Hill Evan's Office  
Pam Miller – UPMC Pinnacle Memorial Hospital  
Leah Neiderer – WellSpan Health  
Laurie Yourist – York County Library

**1. Member introductions and updates-** Thank you to everyone that was able to join the meeting. Members provided the following updates:

- **Leah-** The tobacco prevention and cessation grant from the American Lung Association was extending until the end of March 2020.
- **Pam-** The UPMC Pinnacle Memorial outpatient center, the location of cessation, opened on September 9.
- Sarah Lehman- Children's Home of York has Drug Prevention Programs that can last as long as 10 weeks in length. Monday, October 21 there will be a free training titled "Adolescent Drug and Alcohol Trends."
- **Susan-** Volunteering with the York Veterans Wellness Court; male and female Veterans for mentors are needed. Email Susan if you know someone interested.
- **Jenn-** INDEPTH was available for partners this week but will officially be released on September 17. INDEPTH is an alternative to suspension program for those caught using tobacco/vaping. Facilitators will need to complete a free online training for the program. Upon completion of the training, materials will be available for download.
- **Sarah Lawver-** There is a huge outreach effort for Tobacco 21 right now. The appropriate bill is Senate bill 473. Additionally, there were two webinars held Wednesday, September 21 related to advocated for Tobacco 21. If you missed the webinars and are interested, contact Sarah.
- **Bronley-** District Senior fair will take place next week.

**2. June meeting recap**

- We began brainstorming logistics for TRU recruitment and a York County TRU event.

**3. TRU Letter and distribution plan**

- Bob and Leah drafted a letter to be sent to all school guidance counselors in York County (see email attachment). The letter was reviewed by the coalition and appropriate changes were made.
- The letter was emailed to all guidance counselors, superintendents, principals and nurses in York County. TFYC members are to follow-up with those schools they have a connection with. To view a list of recipients, see attached excel document.
- Sarah Lehman and Susan will participate in a conference call on September 26 at 10:00 am or 2:00 pm. The conference call is open to any parties (schools, youth groups, etc.) interested in starting a TRU group.

- Current TRU groups at Northeastern and Kennard-Dale High Schools are working on creating peer-to-peer recruitment messages.

#### 4. Continue brainstorming County wide- TRU (Tobacco Resistance Unit) event

- Leah reached out to current TRU groups to gauge interest in a York County TRU – event. Both schools were very much interested in having something in the fall that included the following:
  - Vaping presentation by a student that used to vape.
  - Training on vape products, ingredients and dangers.
  - A part of the conference where teachers and administrators could participate.
  - T-shirts with the backs that say “ask me why I don’t vape.”
  - Creating new informational materials around vaping to be featured on the TFYC website.
- Northeastern High School suggested we use their administration building to host the conference. The school could provide lunch at a cost.
- Sarah Lehman and Leah to develop a save-the-date flyer for the conference.
- Sarah Lehman, Pam, Molly and Susan are going to form a sub-committee and meet biweekly to plan more about the event. Leah to set-up calendar for that.

#### 5. Website and newsletter updates

- Leah and Sarah Lehman spent time updating the website to include more information on current initiatives, a TRU informational page, and articles related to the vaping epidemic. We will continue to update the website to reflect what TFYC is working on.
- Pam is looking for someone to please help her update the newsletter bi-annually. The newsletter serves as an outlet to share information with TFYC members and the community. Please contact Pam if interested in helping.

#### Action Items

- Leah** – survey existing TRU groups regarding interest in a county-wide group and ask if they would be interested in creating a TRU recruitment video.
- Leah** – send TRU recruitment letter to York County school guidance counselors, nurses, superintendents and principals – DONE
- Everyone** – reach out to contacts at school districts to follow-up on email during the week of September 16.
- Leah** – work with TRU groups to schedule fall TRU conference

#### Next meeting:

October 9<sup>th</sup> 9:00-10:00 AM  
Loretta Claiborne Building  
WellSpan Community Health and Wellness Conference Room  
605 S George St, Suite 160